



THE COMPREHENSIVE MANAGEMENT OF PERIPHERAL EDEMA



Improve post-surgical outcomes ● Increase quality of life for cancer survivors ● Earn a certification

This evidence-based course on management of edema – including lymphedema – was developed by the Oncology Section of the American Physical Therapy Association. Successful participants will receive certification in the management of edema from the Oncology Section and will be designated as Certified Edema Specialists (CES). This certification will be part of the new Certificate of Achievement in Oncology Physical Therapy (CAOPT) through the Oncology Section.

**September 14-16 & October 19-21, 2018
Henry Mayo -- Valencia, California**



Course Description

Peripheral edema is a common impairment secondary to many medical diagnoses encountered by physical and occupational therapists across all practice settings. Differential diagnosis of the cause of the edema is essential in the clinical reasoning process that leads to appropriate intervention. This case based course will address the pathophysiology, examination, evaluation and clinical management of peripheral edemas of the upper and lower extremities, head, neck, and genital areas.

The course utilizes an online format to present didactic material that must be completed prior to attendance at a regionally located lab. Active learning strategies include

small and large group discussions of patient cases to facilitate integration of the didactic material into patient care. Feedback will be provided during supervised labs for manual lymphatic drainage and multiple layer compression bandaging. Joint and soft tissue mobilizations, as well as therapeutic exercise, will be incorporated into case discussions and labs.

Patient cases incorporate a variety of pathologies that result in peripheral edema. The interventions presented are appropriate for orthopedic related edemas, organ-related edemas as well edema due to chronic venous insufficiency. This course is applicable across all treatment settings: acute care, home-health, out-patient orthopedics, sports medicine clinics, rehabilitation hospitals and SNFs.



This 56-hour workshop will be taught by two leaders from the Oncology Section of the APTA. **Marisa Perdomo, PT, DPT, MS, CCES, CES** is an Assistant Professor in Clinical Physical Therapy at the University of Southern California and has more than 30 years of clinical practice focusing on orthopedic, oncologic and lymphatic dysfunctions. **Lisa VanHoose, PT, Ph.D., MPH, CLT, CES** received her Ph.D. in Rehabilitation Science and her MPH from the University of Kansas Medical Center. She completed the NHLBI PRIDE Summer Institute with an emphasis in Cardiovascular Genetic Epidemiology.



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